

# LUNCH MENU

## Salads

**Tossed \$5.50**

**Garden Mix \$8.50**

**Caesar Salad \$9.25**

**Chicken Caesar \$13.50**

**Chef Salad** Ham, cheese, turkey, beef, lettuce & tomato **\$12.75**

**Deluxe Chef Salad** As above, plus tuna & egg salad **\$14.75**

**Isabella Salad** Romaine lettuce, smoked salmon, avocado & roasted vegetables in a vinaigrette dressing **\$16.75**

**Nicoise Salad** Mixed salad with avocado, mango, turkey bacon & tuna salad, served in a mustard vinaigrette dressing **\$15.25**

**Fantasy Greek Salad** Mixed salad, feta cheese, green peppers, cucumbers, red onions, green & black olives & sliced tomatoes **\$15.25**

**Fiesta Salad** Mixed salad, mango, smoked salmon, avocado, walnuts & cucumbers **\$16.75**

### POPEYE'S SALAD

Fresh spinach, fresh mushrooms, oranges & red onions **\$14.75**

— add bacon bits for \$1.75 extra



## Appetizers & Sides

**Fish Chowder \$4.70**

**Soup of the Day \$3.95**

**Mozzarella Sticks** fried **\$8.75**

**Iguana Eggs** Jalapeño peppers, stuffed with cream cheese **\$8.50**

**Egg Rolls** with spicy chili sauce

— **Vegetable** (each) **\$3.25**

**Hot Buffalo Wings** spicy (7 pieces) **\$9.75**

**Chicken Tenders** (4) **\$10.25**

**Chicken Tender Special** (4) Served with French fries and Coleslaw **\$15.75**

**Onion Rings \$5.35**

**Coleslaw \$3.25**

**Mashed Potatoes \$3.25**

**Mac 'n' Cheese \$4.25**

**Vegetables of the Day \$3.75**

**Bruschetta \$3.00**

**Garlic Bread \$2.25**

**Focaccia \$6.25**

**French Fries \$3.20**

**Seasoned French Fries \$4.10**

**Sweet Potato Fries \$4.50**

**Eat like a sailor - man!**



# LUNCH MENU

LUNCH

## Sandwiches

**Grilled Cheese** \$4.45

**Tuna** \$6.95

**BLT** \$5.95

**Fish Cake** on a roll \$5.05

**Avocado Sandwich** \$4.60

**Fish Cake Special** Fish cake on a roll with cheese, lettuce & tomato. Served with French fries & coleslaw **\$14.25**

**Steak Um** plain \$7.35

**Roast Turkey Breast** fresh \$7.85

**Boiled Ham** \$5.75

**Roast Beef** fresh \$7.85

**Baked Ham** fresh \$7.85

**Chicken Salad** \$6.95

**Fish Sandwich** \$9.35

**Breaded Chicken Burger** Homemade roll with lettuce & tomato **\$9.50**

**Meatball Sub** \$7.85

**2 Minute Sandwich** Fresh sliced turkey, avocado, lettuce & tomato on rye bread. Served with a mixed salad **\$11.75**

**Vegetarian** Portobella mushrooms, green peppers, zucchini & goat cheese on Speciality Inn bread **\$11.75**

**Grilled Chicken Breast** On garlic roll with lettuce & tomato **\$11.85**

**BBQ Chicken Breast** On a homemade roll with French fries **\$14.25**

**Philly Cheese Steak** Fried onions, cheddar & mozzarella cheese **\$9.85**

### VEGGIE "GREENS" SANDWICH

Spinach, lettuce, red onions, cucumber, avocado, mozzarella & provolone cheese with pesto sauce on homemade bread. **\$21.75**



### RENEE'S SANDWICH

Fresh turkey, sliced avocado, provolone cheese, lettuce & tomato on coco bread. Served with sweet potato fries or tossed salad **\$15.75**

## Wraps

— all wraps served with a tossed salad

**Tuna Salad** Lettuce, chopped red onions & green peppers on a spinach wrap **\$14.25**

**Chicken Salad** Lettuce, chopped red onions & green peppers on a spinach wrap **\$14.25**

**Chicken Caesar** Grilled chicken breast & romaine lettuce tossed with Caesar dressing on a spinach wrap **\$14.25**

**Fish Wrap** Pan-fried red snapper, lettuce, chopped onions & cheddar cheese on a spinach wrap **\$18.25**

# LUNCH MENU

## The Club

**#1** Turkey, bacon, lettuce & tomato **\$13.75**

**#2** Mozzarella, Swiss & American cheese, lettuce, tomato & onion **\$12.75**

**#3** Ham, cheese, bacon, lettuce & tomato **\$13.25**

**#4** Grilled chicken breast, lettuce, tomato, & Swiss cheese **\$14.75**

— all served with French fries

— please add \$2.00 for a homemade roll

— substitute with seasoned fries \$1.00 extra or sweet potato fries \$2.00 extra

## Hot Sandwiches

**Hamburger \$13.25**

**Baked Ham \$15.25**

**Turkey Breast \$14.25**

**Roast Beef \$15.25**

— all served with French fries & coleslaw

— substitute with seasoned fries \$1.00 extra or sweet potato fries \$2.00 extra

## Hamburgers

**Hamburger \$4.90**

**Cheeseburger \$5.90**

**Cheeseburger Special** with French fries, coleslaw, fried mushrooms, lettuce & tomato **\$13.25**

**Double Decker Cheeseburger Special** with French fries, coleslaw, lettuce & tomato **\$16.25**

**Ground Turkey Burger \$6.90**

**Ground Turkey Burger Special** with French fries, coleslaw, lettuce & tomato **\$14.25**

**Breaded Chicken Burger \$7.85**

**Grilled Chicken Burger \$9.85**

**Vegetarian Burger \$7.35**

**Vegetarian Burger Special** with French fries & coleslaw **\$13.00**

**Mexican Burger** with jalapeños & Swiss cheese **\$7.35**

**Mexican Burger Special** with French fries & coleslaw **\$13.25**

— add \$.30 cents for lettuce, tomato or onion

— add \$1.00 for mushrooms or cheese

— add \$1.75 (pork) or \$2.00 (turkey) bacon



**Double Decker  
Cheeseburger Special**

# LUNCH MENU

LUNCH

## Pasta & Rice

**Spaghetti or Penne** with meat sauce, meatballs, tomato sauce, pesto, olive oil & garlic or vegetables in olive oil & garlic **\$15.25**  
**Add \$4.00 for Chicken or \$5.00 for Shrimps**

**"CAPRI" PENNE** Scampi, mushrooms, capers, sun-dried tomatoes, garlic, olive & pesto sauce **\$19.25**



**Fettuccine Alfredo** Ham, mushrooms & cream sauce **\$15.25**

**Fettuccine Chef Style** Broccoli, mushrooms, garlic & cream sauce **\$15.25**

**Lasagna Dinner** Homemade, served with garlic bread, tossed salad or soup **\$17.75**

## Tasty Fried Rice



**Vegetable \$15.25 | Chicken \$16.25**  
**Shrimp \$18.25**

**Meat Lasagna \$12.75**

**Cheese Ravioli** with tomato sauce **\$15.25**

**Ravioli Monalisa** Ham, green peas & mushrooms in cream sauce **\$16.25**

## THAI PICNIC UDON

Udon Noodles - shrimps, cabbage, broccoli, red peppers with ginger, sesame oil & soy sauce **\$20.25**



## ASIAN FETTUCCINE

with soy sauce, broccoli, red & green peppers, onions, ginger and garlic  
**Beef \$19.25 | Chicken \$17.25**



# LUNCH MENU

## Seafood

**Fish of the Day** Broiled, pan fried plain, deep fried or in lemon butter **Market Price**

**Singaporean Snapper** Pan fried snapper with mangoes, bananas, roasted peanuts & sweet chilli. Served with white rice **\$20.25**

**"Michaelangelo" Dolphin (Mahi Mahi)** Pan fried with ginger & zucchini in a soy based sauce **\$22.25**

**Deep Fried Shrimp or Scallops** Served with French fries & coleslaw **\$18.25**

**Deep Fried Seafood Combo** Fish, shrimp, & scallops. Served with French fries & coleslaw **\$20.25**

**TROPICAL SNAPPER** Pan fried snapper, mango & apples in a sweet chili sauce, served with white rice **\$19.75**

**BANGKOK FISH** Chopped snapper, stir fried red & green peppers, celery & onions in a sweet chili sauce, served over a bed of white rice **\$20.25**

**SICILIAN SALMON** Salmon filet with green & black olives, capers & diced tomatoes. Served with starch & vegetable of the day. **\$23.75**



## WAHOO NUGGETS

	Single	Dinner (FF & coleslaw)
5 Pieces	<b>\$7.95</b>	<b>\$15.25</b>
9 Pieces	<b>\$11.95</b>	<b>\$19.25</b>



## Kids Specials \$9.25

**Grilled Cheese** with French fries

**Spaghetti** with meatballs, meat sauce or tomato sauce

**Fettuccine Alfredo** with ham, mushrooms & cream sauce

**Chicken Nuggets** with French fries or mashed potatoes

**Hot Dog** with French fries

**Cheese Pizza** kids size

— kids pizza toppings \$1.00 per topping

## Beverages

**Soda & Juices**

**Coffee Regular & Tea Regular** & herbal

**Cappuccino, Espresso & Latte** with Lavazza Coffee

**Milk Shakes** Vanilla, chocolate, black & white or strawberry  
— add malt for \$1.00

**Non-alcoholic Beer**